

遠東科技大學 四年制 休閒運動管理系 日間部 課程規劃表(適用112學年度入學)
Far East University Curriculum of Leisure and Sports Management Department for Four-Year Bachelor's Degree Program
-Day Division (Effective from Fall 2023)

科目名稱 Subject		第一學年 1st school year				第二學年 2nd school year				第三學年 3rd school year				第四學年 4th school year				
		上學期 1st semester		下學期 2nd semester		上學期 1st semester		下學期 2nd semester		上學期 1st semester		下學期 2nd semester		上學期 1st semester		下學期 2nd semester		
		學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	
校訂課程 Stipulated Courses	通識 基礎 必修 Required General Education Courses	國文(1)(2) Chinese (1) (2)	2/ 2	2/ 2														
		英文聽力與閱讀(1)(2) English Listening and Reading(1)(2)	2/ 2	2/ 2														
		體育(1)(2)(3) Physical Education(1)(2)(3)	2/ 2	2/ 2	2/ 2													
		服務教育與大學社會責任(1)(2) Service Education and University Social Responsibility (1)(2)	1/ 1	1/ 1														
		小計Subtotal	7/ 7	7/ 7	2/ 2	0/ 0	0/ 0	0/ 0	0/ 0	0/ 0	0/ 0	0/ 0	0/ 0	0/ 0	0/ 0	0/ 0	0/ 0	0/ 0
		通識博 雅必修 Required Liberal Arts Courses	創意思考與AI智慧生活 Creative Thinking and AI Smart Living		2/ 2													
	倫理與品格 Ethics and Character Education				2/ 2													
	科學與自然、人文與社會 Science and Nature, Humanities and Social Sciences					2/ 2	2/ 2	2/ 2										
	創意實作 Innovations and Implementations																2/ 2	
	公民教育 Citizenship Education																2/ 2	
	小計Subtotal		0/ 0	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	0/ 0	4/ 4			
	一般 選修 General Elective Courses	英文閱讀與寫作 English Reading and Writing			2/ 2													
		體育(4) Physical Education(4)				2/ 2												
		全民國防教育軍事訓練(1)(2)(3)(4) National Defense Education and Military Training (1)(2)(3)(4)	2/ 2	2/ 2	2/ 2	2/ 2												
		人文與創意跨域學習 Interdisciplinary of Humanities and Creativities Learning			2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2			
		小計Subtotal	2/ 2	2/ 2	6/ 6	6/ 6	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	0/ 0			
		院必修 課程 Required College Courses	國際禮儀 International Ettiquette	2/ 2														
	消費者行為 Consumer Behavior				3/ 3													
	溝通技巧 Communication					2/ 2												
	服務品質管理 Service Quality Management					3/ 3												
	職場倫理 Employment Ethics									2/ 2								
小計Subtotal	2/ 2		0/ 0	3/ 3	5/ 5	0/ 0	2/ 2	0/ 0	2/ 2	0/ 0	0/ 0	0/ 0	0/ 0	0/ 0				
	休閒產業概論 Introduction of Leisure Industry		2/ 2															
	休閒遊憩體驗 Experience of Leisure and Recreation	3/ 3																
	管理學 Management		2/ 2															

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		學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	
專業必修課程 Professional Required Courses	系必修課程 Required Department Courses	探索教育理論與實務 Theory and Practice of Exploratory Education			3/ 3													
		休閒創新服務設計 Innovative Leisure Service Design			2/ 2													
		★休閒活動企劃 Leisure Event Planning					3/ 3											
		健康體適能評量 Physical Fitness Assessment					3/ 3											
		企劃案撰寫實務 Business Case Writing Practice							3/ 3									
		休閒農場與民宿管理 Management of Leisure Farm and B&B (bed and breakfast)							3/ 3									
		健康俱樂部經營管理 Health Club Management								3/ 3								
		戶外遊憩實務 Outdoor Recreation Practice								3/ 3								
		實務專題(1)(2) Project(1)(2)								1/ 3	1/ 3							
		創業管理 Entrepreneurship Management										3/ 3						
		創意市集經營 Creative Market Management										3/ 3						
		小 計Subtotal		5/ 5		7/ 7		6/ 6		6/ 6		7/ 9		7/ 9		0/ 0		0/ 0
		運動技能模組 Sports Skill Module	基礎健身運動 Basic Weight Training Exercise	2/ 2														
體態雕塑運動 Body Sculpting Exercise				2/ 2														
運動傷害防護概論 Sports Injury Prevention Theory	2/ 2																	
運動傷害防護實務 Sports Injury Prevention Practicum				2/ 2														
運動教練實務(1)(2) Sport Major and Practice(1)(2)									2/ 2	2/ 2								
健身運動教練實務 Weight Training Exercise Coach Practicum						3/ 3												
健康促進實務應用 Health Promotion Practicum								3/ 3										
有氧律動初階 Beginners Aerobic Exercise						3/ 3												
有氧律動進階 Intermediate Aerobic Exercise								3/ 3										
羽球初階 Beginner Badminton						2/ 2												
羽球進階 Intermediate Badminton								2/ 2										
運動處方 Exercise Prescription														3/ 3				
自行車初階 Beginner Cycling Class										2/ 2								

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系專業選修課程 Professional Elective Courses	自行車進階 Intermediate Cycling Class 羽球教練初階 Beginner Badminton Coaching 羽球教練進階 Intermediate Badminton Coaching 自行車領隊實務 Bike Tour Practice 運動保健實務 Health and Sports Practice 運動專長訓練(1)(2)(3)(4)(5)(6) Sport Major and Practice(1)(2)(3)(4)(5)(6)									2/ 2									
										3/ 3									
										3/ 3									
												3/ 3							
														3/ 3					
	休閒產業創業模組 Leisure Industry Entrepreneurship Module	運動生理學 Physiology of Sports		2/ 2															
		運動管理學 Sports Management				2/ 2													
		農藝品創新設計 Creative Agronomic Product Design				2/ 2													
		行銷管理 Marketing Management						2/ 2											
		農場園藝實務 Agriculture and Gardening Practicum								3/ 3									
		農場餐飲概論 Recreational Farm Restaurant Theory								3/ 3									
		人力資源管理 Human Resource Management								3/ 3									
		農場導覽訓練實務 Farm Tour practical Training								3/ 3									
		農場餐飲實務 Recreational Farm Restaurant Practicum										3/ 3							
		創意市集經營實務 Creative Business Center Management Practice												3/ 3					
		節慶活動企劃 Festival Planning														3/ 3			
		小計Subtotal		8/ 8		10/ 10		12/ 12		16/ 16		15/ 15		12/ 12		9/ 9		6/ 6	
擬開最低選修學分 Proposed Minimum Elective Credits		合計Total		8/ 8		7/ 7		5/ 5		5/ 5		3/ 3		5/ 5		9/ 9		6/ 6	

112年05月23日 校課程發展委員會會議通過 Amended Date : 2023-05-23

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	學分 Credits	時數 Hours	學分 Credits	時數 Hours												

備註
Note

一、畢業總學分至少128學分：
The total number of credits completed to be eligible to graduate shall not be less than 128 credits.

1.校訂必修30學分(含通識基礎必修16學分、通識博雅必修14學分)。
The stipulated compulsory credits shall be 30 credits.(16 credits for required general education courses, and 14 credits for required liberal arts courses.)

2.專業必修50學分(院必修12學分、系必修38學分)。
The professional compulsory credits shall be 50 credits.(12 credits for required college courses, and 38 credits for required department courses.)

3.系專業選修至少26學分。
The professional elective credits shall be not less than 26 credits.

4.跨系選修至少9學分。
The number of inter-department elective credits shall be not less than 9 credits.

※「微學分課程」最多採計12學分。The number of 'Micro-Credit Courses' credits shall be up to 12credits.

二、畢業門檻：Graduation Threshold

1.學生於修業年限內，應修畢「校訂必修」、「專業必修」、「系專業選修」、「跨系選修」共計128學分。
Students are required to complete a total of 128 credits of "Stipulated Compulsory Course", "Professional Compulsory Course", "Department Professional Elective Course", and "Inter-College Elective Courses" within their academic years.

2.系專業能力門檻(遠東科技大學休閒運動管理系畢業門檻實施要點辦理)。
Department Professional Threshold (Far East University Regulations of Graduation Threshold of Leisure and Sports Management Department)

3.英文能力門檻(遠東科技大學輔導學生取得英檢證照實施辦法辦理)。
English Proficiency Threshold (Far East University Regulations of Tutoring Students to Get English Proficiency Certificates)

三、校訂課程：Stipulated Courses

1.校訂課程不須依先後順序修課，不得互抵者，包括「國文(1)(2)、英文聽力與閱讀(1)(2)、體育(1)(2)(3)(4)」課程。
Stipulated courses are not required to be taken in sequence and the credits shall not be mutually transferred, including "Chinese (1) (2), English listening and reading (1) (2), and physical education (1) (2) (3) (4)" courses.

2.校訂課程不須依先後順序修課，得互抵者，僅為「服務教育與大學社會責任(1)(2)」課程。
Stipulated courses are not required to be taken in sequence and those that may be mutually complemented by each other may be only "Service Education and University Social Responsibility (1) (2)".

3.校訂課程不須依先後順序修課，包括「全民國防教育軍事訓練(1)(2)(3)(4)」課程。
Stipulated courses are not required to be taken in sequence, including National Defense Education and Military Training (1)(2)(3)(4).

4.「創意思考與AI智慧生活」、「倫理與品格」課程在一年級下學期、二年級上學期開課，得依實際情形上下學期調整。「倫理與品格」課程含括環境倫理、生命倫理及性別倫理三門，依實際情形排定一門，學生擇一修課即可。
Creative Thinking and Training and AI Smart Life shall be offered at the second semester of the freshman and at the first semester of the sophomore year and be adjusted based on the actual situation in the first and second semesters. Ethics and Character Education includes three courses: environmental ethics, bioethics, and gender ethics. Each course may be arranged according to the actual situation, and students shall choose one course.

5.「人文與創意跨域學習」依實際情形排定一門課程。
"Interdisciplinary Learning of Humanities and Creativity" shall be offered according to the actual situation.

四、專業課程：Professional Courses:

1.實務專題(1)(2)課程應依先後順序修課，得互抵。
Project(1)(2) shall be taken in sequence and may complement each other.

2.本表上述所列連貫性開課之系專業選修課程均不須依先後順序修課，健身運動(1)(2)、運動傷害防護(1)(2)、運動教練實務(1)(2)、健身教練實務(1)(2)、有氧律動(1)(2)、羽球(1)(2)、自行車(1)(2)、羽球教練實務(1)(2)、幼兒體能實務(1)(2)、攀岩(1)(2)、銀髮族健身指導實務(1)(2)、運動專長訓練(1)(2)(3)(4)(5)(6)、農場餐飲設計(1)(2)、學期校外實習(1)(2)，但不得互抵。
The above-mentioned continuous professional elective courses may not be taken in sequence and the credits shall not be transferred, including Movement instruction (Fitness) (1)(2), Sports Injury Prevention(1)(2), Sport Major and Practicum(1)(2), Fitness trainer Practice(1)(2), Aerobic Rhythm(1)(2), Badminton(1)(2), Bike(1)(2), Badminton Coach Practice(1)(2), Infant Fitness Practice(1)(2), Rock Climbing (1)(2), Seniors Fitness Guidance Practice(1)(2), Sport Major and Practicum(1)(2)(3)(4)(5)(6), Farm Restaurant Design (1)(2), and Off-Campus Internship (1)(2).

五、備註：n*1學分數*80小時。
Five. Note: n*1. The credits are 80.