

遠東科技大學 四年制 休閒運動管理系 日間部 課程規劃表(適用110學年度入學)
Far East University Curriculum of Leisure and Sports Management Department for Four-Year Bachelor's Degree Program
-Day Division (Effective from Fall 2021)

科目名稱 Subject		第一學年 1st school year				第二學年 2nd school year				第三學年 3rd school year				第四學年 4th school year			
		上學期 1st semester		下學期 2nd semester		上學期 1st semester		下學期 2nd semester		上學期 1st semester		下學期 2nd semester		上學期 1st semester		下學期 2nd semester	
		學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours
通識 基礎 必修 Require d General Education Courses	國文(1)(2) Chinese (1) (2)	2/ 2		2/ 2													
	英文聽力與閱讀(1)(2) English Listening and Reading(1)(2)	2/ 2		2/ 2													
	體育(1)(2)(3)(4) Physical Education (1)(2)(3)(4)	2/ 2		2/ 2		2/ 2	2/ 2										
	服務教育與大學社會責任(1)(2) Service Education and University Social Responsibility	0/ 1		0/ 1													
	英文閱讀與寫作 English Reading and Writing					2/ 2											
	英語聽講練習 English Listening and Speaking Practice						2/ 2										
	小 計Subtotal	6/ 7		6/ 7		4/ 4	4/ 4		0/ 0	0/ 0			0/ 0	0/ 0			
	校訂 課程 Stipulated Courses	創意思考與訓練 Creative Thinking and Training			2/ 2												
		倫理與品格 Ethics and Character Education					2/ 2										
		科學與自然、人文與社會 Science and Nature, Humanities and Social Sciences						2/ 2	2/ 2	2/ 2							
健康促進與外國語文 Health Promotion and Foreign Languages								2/ 2	2/ 2								
創意實作 Innovations and Implementations															2/ 2		
公民教育 Citizenship Education															2/ 2		
小 計Subtotal		0/ 0		2/ 2		2/ 2	2/ 2		4/ 4	4/ 4			0/ 0	4/ 4			
一般 選修 General Elective Courses	全民國防教育軍事訓練(1)(2)(3)(4) National Defense Education and Military Training(1)(2)(3)(4)	2/ 2		2/ 2		2/ 2	2/ 2										
	健康與護理(1)(2)(3)(4) Health & Nursing(1)(2)(3)(4)	2/ 2		2/ 2		2/ 2	2/ 2										
	小 計Subtotal	4/ 4		4/ 4		4/ 4	4/ 4		0/ 0	0/ 0			0/ 0	0/ 0			
	院必修 課程 Required College Courses	國際禮儀 International Ettiquete	2/ 2														
消費者行為 Consumer Behavior						3/ 3											
溝通技巧 Communication							2/ 2										
服務品質管理 Service Quality Management							3/ 3										
職場倫理 Employment Ethics										2/ 2							
小 計Subtotal		2/ 2		0/ 0		3/ 3	5/ 5		0/ 0	2/ 2			0/ 0	0/ 0			
		休閒產業概論 Introduction of Leisure Industry	2/ 2														
	休閒遊憩體驗 Experience of Leisure and Recreation	3/ 3															
	管理學 Management			2/ 2													

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專業必修課程 Professional Required Courses	系必修課程 Department Required Courses	探索教育理論與實務 Theory and Practice of Exploratory Education			3/ 3													
		休閒創新服務設計 Innovative Leisure Service Design			2/ 2													
		運動管理學 Sports Management				2/ 2												
		★休閒活動企劃 Leisure Event Planning				3/ 3												
		健康體適能評量 Physical Fitness Assessment				3/ 3												
		企劃案撰寫實務 Business Case Writing Practice					3/ 3											
		休閒農場與民宿管理 Management of Leisure Farm and B&B (bed and breakfast)					3/ 3											
		健康俱樂部經營管理 Health Club Management								3/ 3								
		戶外遊憩實務 Outdoor Recreation Practice								3/ 3								
		實務專題(1)(2) Project(1)(2)								1/ 3	1/ 3							
		創業管理 Entrepreneurship Management									3/ 3							
		創意市集經營 Creative Market Management									3/ 3							
		小 計Subtotal		5/ 5		7/ 7		8/ 8		6/ 6		7/ 9		7/ 9		0/ 0		0/ 0
		健康促進技能 模組 Health Promotion Module	健身運動(1)(2) Movement instruction (Fitness) (1)(2)	2/ 2		2/ 2												
運動傷害防護(1)(2) Sports Injury Prevention(1)(2)	2/ 2			2/ 2														
運動教練實務(1)(2) Sport Major and Practicum(1)(2)	2/ 2			2/ 2														
營養學 Nutrition					2/ 2													
健身教練實務(1)(2) Fitness trainer Practice(1)(2)					3/ 3	3/ 3												
有氧律動(1)(2) Aerobic rhythm(1)(2)					3/ 3	3/ 3												
羽球(1)(2)□ Badminton(1)(2)□					2/ 2	2/ 2												
運動處方 Exercise Prescription						3/ 3												
自行車(1)(2)□ Bike(1)(2)									2/ 2	2/ 2								
羽球教練實務(1)(2) Badminton coach Practice(1)(2)									3/ 3	3/ 3								
自行車領隊實務 Bike Tour Practice													3/ 3					
運動保健實務 Health and Sports Practice																3/ 3		

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		學分 Credits	時數 Hours	學分 Credits	時數 Hours												
系專 業選 修 課程 Professional Elective Courses	運動專長訓練(1)(2)(3)(4)(5)(6) Sport Major and Practicum(1)(2)(3)(4)(5)(6)	2/	2	2/	2	2/	2	2/	2	2/	2	2/	2				
	休閒農業概論 Introduction of Leisure Agriculture	2/	2														
	商業套裝軟體 Business Package	3/	3														
	農藝品創新設計 Creative Agronomic Product Design			2/	2												
	行銷管理 Marketing Management					2/	2										
	農場園藝實務 Farm Gardening Practices							3/	3								
	農場餐飲設計(1) Farm Restaurant Design (1)							3/	3								
	人力資源管理 Human Resource Management									3/	3						
	農場導覽訓練實務 Farm Tour Practical Training									3/	3						
	農場餐飲設計(2) Farm Restaurant Design (2)										3/	3					
	創意市集經營實務 Creative Market Management Practice												3/	3			
	節慶活動企劃 Festival Planning															3/	3
	履歷撰寫與面試訓練 Resume Writing and Interview Training										2/	2					
	學期校外實習(1) Off-Campus Internship(1)													9/	n*		
	專題寫作及實習報告(1) Project Writing and Practical Training Report(1)													2/	2		
	學期校外實習(2) Off-Campus Internship(2)															9/	n*
	專題寫作及實習報告(2) Project Writing and Practical Training Report(2)															2/	2
	小計Subtotal	13/	13	10/	10	14/	14	19/	19	13/	13	12/	12	17/	8	17/	8
	擬開最低選修學分 Proposed Minimum Elective Credits	合計Total		8/	8	7/	7	7/	7	8/	8	8/	8	9/	9	9/	9

110年06月29日 校課程發展委員會會議通過 Amended Date : 2021-06-29
112年02月22日 校課程發展委員會會議修正通過 Amended Date : 2023-02-22
112年05月23日 校課程發展委員會會議修正通過 Amended Date : 2023-05-23

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備註 Note	<p>一、畢業總學分至少128學分： The total number of credits completed to be eligible to graduate shall not be less than 128 credits.</p> <p>1.校訂必修38學分(含通識基礎必修20學分、通識博雅必修18學分)。 The stipulated compulsory credits shall be 38 credits.(20 credits for required general education courses, and 18 credits for required liberal arts courses.)</p> <p>2.專業必修52學分(院必修12學分、系必修40學分)。 The professional compulsory credits shall be 52 credits.(12 credits for required college courses, and 40 credits for required department courses.)</p> <p>3.系專業選修至少26學分。 The professional elective credits shall be not less than 26 credits.</p> <p>4.一般選修至多12學分(開放學生自由選修本系或外系課程，其中「微學分課程」最多採計12學分)。 The general elective credits shall be up to 10 credits.(Open for students to freely choose courses within their own or other departments, with a maximum of 6 credits for 'Micro-Credit Courses')</p> <p>二、畢業門檻：Graduation Threshold</p> <p>1.學生於修業年限內，應修畢「校訂必修」、「專業必修」、「系專業選修(含一般選修)」共計128學分。 Students are required to complete a total of 128 credits of " Stipulated Compulsory Course", "Professional Compulsory Course", "Department Professional Elective Course", ("General Elective Course" included) within their academic years.</p> <p>2.系專業能力門檻(遠東科技大學休閒運動管理系畢業門檻實施要點辦理)。 Department Professional Threshold (Far East University Regulations of Graduation Threshold of Leisure and Sports Management Department)</p> <p>3.英文能力門檻(遠東科技大學輔導學生取得英檢證照實施辦法辦理)。 English Proficiency Threshold (Far East University Regulations of Tutoring Students to Get English Proficiency Certificates)</p> <p>三、校訂課程：Stipulated Courses</p> <p>1.校訂課程不須依先後順序修課，不得互抵者，包括「國文(1)(2)、英文聽力與閱讀(1)(2)、體育(1)(2)(3)(4)」課程。 Stipulated courses are not required to be taken in sequence and the credits shall not be mutually transferred, including "Chinese (1) (2), English listening and reading (1) (2), and physical education (1) (2) (3) (4)" courses.</p> <p>2.校訂課程不須依先後順序修課，得互抵者，僅為「服務教育與大學社會責任(1)(2)」課程。 Stipulated courses are not required to be taken in sequence and those that may be mutually complemented by each other may be only "Service Education and University Social Responsibility (1) (2)".</p> <p>3.校訂課程不須依先後順序修課，包括「全民國防教育軍事訓練(1)(2)(3)(4)、健康與護理(1)(2)(3)(4)」課程。 Stipulated courses are not required to be taken in sequence, including National Defense Education and Military Training (1)(2)(3)(4) and Health and Nursing(1)(2)(3)(4).</p> <p>4.「創意思考與訓練」、「倫理與品格」課程在一、二年級開課，得依實際情形上下學期調整。「倫理與品格」課程含括環境倫理、生命倫理及性別倫理三門，依實際情形排定一門，學生擇一修課即可。 Creative Thinking and Training and Ethics and Character Education shall be offered in the freshman and sophomore year and be adjusted based on the actual situation in the first and second semesters. Ethics and Character Education includes three courses: environmental ethics, bioethics, and gender ethics. Each course may be arranged according to the actual situation, and students shall choose one course.</p> <p>四、專業課程：Four. Professional Courses</p> <p>1.實務專題(1)(2)課程應依先後順序修課，得互抵。 Project(1)(2) shall be taken in sequence and may complement each other.</p> <p>2.本表上述所列連貫性開課之系專業選修課程均不須依先後順序修課，不得互抵。包括：健身運動(1)(2)、運動傷害防護(1)(2)、運動教練實務(1)(2)、健身教練實務(1)(2)、有氧律動(1)(2)、羽球(1)(2)、自行車(1)(2)、羽球教練實務(1)(2)、幼兒體能實務(1)(2)、攀岩(1)(2)、銀髮族健身指導實務(1)(2)、運動專長訓練(1)(2)(3)(4)(5)(6)、農場餐飲設計(1)(2)、學期校外實習(1)(2)，但不得互抵。 The above-mentioned continuous professional elective courses may not be taken in sequence and the credits shall not be transferred, including Movement instruction (Fitness) (1)(2), Sports Injury Prevention(1)(2), Sport Major and Practicum(1)(2), Fitness trainer Practice(1)(2), Aerobic Rhythm(1)(2), Badminton(1)(2), Bike(1)(2), Badminton Coach Practice(1)(2), Infant Fitness Practice(1)(2), Rock Climbing (1)(2), Seniors Fitness Guidance Practice(1)(2), Sport Major and Practicum(1)(2)(3)(4)(5)(6), Farm Restaurant Design (1)(2), and Off-Campus Internship (1)(2).</p> <p>五、備註：n*1學分數*80小時。 Five. Note: n*1. The credits are 80.</p>
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