

中信科技大學 四年制 休閒運動管理系 日間部 課程規劃表(適用114學年度入學)

CTBC University of science and technology Curriculum of Leisure and Sports Management Department for Four-Year Bachelor's Degree Program -Day Division (Effective from Fall 2025)

科目名稱 Subject		第一學年 1st school year				第二學年 2nd school year				第三學年 3rd school year				第四學年 4th school year				
		上學期 1st semester		下學期 2nd semester		上學期 1st semester		下學期 2nd semester		上學期 1st semester		下學期 2nd semester		上學期 1st semester		下學期 2nd semester		
		學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	學分 Credits	時數 Hours	
校訂 課程 Stipulated Courses	通識 基礎 必修 Required General Education Courses	中文閱讀與表達(1)(2) Chinese Reading and Expression(1)(2)	2/ 2	2/ 2														
		服務教育與大學社會責任(1)(2) Social Responsibility (1)(2)	1/ 1	1/ 1														
		體育(1)(2)(3) Physical Education(1)(2)(3)	2/ 2	2/ 2	2/ 2													
		多元語言 Multilingual Learning			2/ 2													
		英文聽力與閱讀(1)(2) English Listening and Reading(1)(2)			2/ 2	2/ 2												
		小計 Subtotal	5/ 5	5/ 5	6/ 6	2/ 2	0/ 0	0/ 0	0/ 0	0/ 0	0/ 0							
		通識 博雅 必修 Required Liberal Arts Courses	健康與生活 Health and Life	2/ 2	2/ 2													
	創意思考與訓練 Creative Thinking and Training			2/ 2														
	博雅與跨域學習(1) Liberal Arts and Interdisciplinary Learning(1)				2/ 2													
	資訊與智慧生活 Information and Smart Life				2/ 2													
	生命與永續 Life and Sustainability					2/ 2	2/ 2											
	人文與社會 Humanities and Social Sciences						2/ 2											
	藝術與美感 Art and Beauty								2/ 2									
	小計 Subtotal	2/ 2	4/ 4	4/ 4	2/ 2	4/ 4	2/ 2	0/ 0	0/ 0									
	一般 選修 General Elective Courses	全民國防教育軍事訓練(1)(2)(3)(4) National Defense Education and Military Training (1)(2)(3)(4)	2/ 2	2/ 2	2/ 2	2/ 2												
		博雅與跨域學習(2)(3)(4)(5) Liberal Arts and Interdisciplinary Learning(2)(3)(4)(5)				2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2
		小計 Subtotal	2/ 2	2/ 2	2/ 2	4/ 4	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	0/ 0
	院必修 課程 Required College Courses	行銷管理 Marketing Management	2/ 2															
		職業倫理 Professional Ethics	2/ 2															
		健康生活型態 Healthy Lifestyle		2/ 2														
		探索教育實務 Explore Educational Practices		2/ 2														
促銷與活動實務 Promotion and Activities Practice				2/ 2														
簡報製作與表達 Presentation and Expression				2/ 2														
創意實作 Innovations and Implementations					2/ 2													
小計 Subtotal		4/ 4	4/ 4	4/ 4	2/ 2	0/ 0	0/ 0	0/ 0	0/ 0	0/ 0	0/ 0	0/ 0	0/ 0	0/ 0	0/ 0	0/ 0	0/ 0	
專業必修		AI基礎與休閒運動應用入門 Foundations of AI and Its Applications in Leisure and Sports	2/ 2															
		AI工具實作與跨域應用 Practical AI Tools and Interdisciplinary Applications		2/ 2														
	休閒產業概論 Introduction of Leisure Industry	2/ 2																

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課程 Professional Required Courses	系必修 課程 Required Department Courses	休閒遊憩體驗 Experience of Leisure and Recreation	2/ 2															
		管理學 Management		2/ 2														
		休閒創新服務設計 Innovative Leisure Service Design		2/ 2														
		休閒活動企劃 Leisure Event Planning			2/ 2													
		健康體適能評量 Physical Fitness Assessment			2/ 2													
		企劃案撰寫實務 Business Case Writing Practice					2/ 2											
		休閒農場與民宿管理 Management of Leisure Farm and B&B (bed and breakfast)					2/ 2											
		健康俱樂部經營管理 Health Club Management							2/ 2									
		戶外遊憩實務 Outdoor Recreation Practice							2/ 2									
		創業管理 Entrepreneurship Management									2/ 2							
		創意市集經營 Creative Market Management									2/ 2							
		實務專題(1)(2)(3)(4) Project(1)(2)(3)(4)					2/ 2	2/ 2	2/ 2	2/ 2								
		小計 Subtotal	6/ 6	6/ 6	6/ 6	6/ 6	6/ 6	6/ 6	6/ 6	6/ 6	6/ 6	0/ 0	0/ 0					
				運動專長訓練(1)(2)(3)(4)(5)(6) Sport Major and	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2							
校內實習(1)(2)(3)(4)(5)(6) On-Campus	2/ 2			2/ 2	2/ 2	2/ 2	2/ 2	2/ 2	2/ 2									
運動傷害防護概論 Sports Injury Prevention Theory	2/ 2																	
餐飲衛生與安全 Hygiene and Safety of Food and Beverage	2/ 2																	
運動生理學 Physiology of Sports	2/ 2																	
運動傷害防護實務 Sports Injury Prevention Practicum				2/ 2														
農藝品創新設計 Creative Agronomic Product Design				2/ 2														
基礎經濟學 Basic Economics				2/ 2														
基礎會計學 Basic Accounting				2/ 2														
健身運動教練實務 Weight Training Exercise Coach Practicum					2/ 2													
有氧律動初階 Beginners Aerobic Exercise					2/ 2													
財務管理 Financial Management					2/ 2													
保險學 Insurance					2/ 2													
羽球進階 Intermediate Badminton						2/ 2												
農場園藝實務 Agriculture and Gardening Practicum						2/ 2												
農場餐飲概論 Recreational Farm Restaurant Theory						2/ 2												

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系專業選修課程 Professional Elective Courses	購物行為解析 Consumer Behavior						2/ 2									
	運動教練實務(1)(2) Sport Major and Practice(1)(2)									2/ 2	2/ 2					
	自行車初階 Beginner Cycling Class									2/ 2						
	羽球教練初階 Beginner Badminton Coaching									2/ 2						
	人力資源管理 Human Resource Management									2/ 2						
	顧客互動經營 Introduction of Customer Relation Management									2/ 2						
	自行車進階 Intermediate Cycling Class										2/ 2					
	羽球教練進階 Intermediate Badminton Coaching										2/ 2					
	農場餐飲實務 Recreational Farm Restaurant										2/ 2					
	體態雕塑運動 Body Sculpting Exercise										2/ 2					
	自行車領隊實務 Bike Tour Practice													2/ 2		
	創意市集經營實務 Creative Business Center Management Practice														2/ 2	
	人體肌動學 Human Kinesiology														2/ 2	
	運動處方 Exercise prescription														2/ 2	
	農場導覽訓練實務 Farm Tour practical Training														2/ 2	
	有氧律動進階 Intermediate Aerobic Exercise														2/ 2	
	運動保健實務 Health and Sports Practice															2/ 2
	節慶活動企劃 Festival Planning															2/ 2
	網紅行銷 Internet Celebrity Marketing															2/ 2
	運動管理學 Sports Management															2/ 2
健康促進實務應用 Health Promotion Practicum															2/ 2	
小計 Subtotal	10/ 10		12/ 12		12/ 12		12/ 12		14/ 14		14/ 14		12/ 12		10/ 10	
擬開最低選修學分 Proposed Minimum Elective Credits	合計 Total		4/ 4	4/ 4	4/ 4	4/ 4	6/ 6	6/ 6	9/ 9	9/ 9						

114年 07月08日 校課程發展委員會會議通過 Amended Date : 2025-07-08

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備註 Note	<p> 一、畢業總學分至少128學分： The total number of credits completed to be eligible to graduate shall not be less than 128 credits. </p> <p> 1.校訂必修36學分(含通識基礎必修18學分、通識博雅必修18學分)。 The stipulated compulsory credits shall be 36 credits.(18 credits for required general education courses, and 18 credits for required liberal arts courses.) </p> <p> 2.專業必修46學分(院必修14學分、系必修32學分)。 The professional compulsory credits shall be 46 credits.(14 credits for required college courses, and 32 credits for required department courses.) </p> <p> 3.系專業選修至少34學分。 The professional elective credits shall be not less than 34 credits. </p> <p> 4.跨系選修至多12學分。 The number of inter-department elective credits shall be up to 12 credits. </p> <p> ※「微學分課程」最多採計12學分。 The number of 'Micro-Credit Courses' credits shall be up to 12credits. </p> <p> 二、畢業門檻 Graduation Threshold： 1.學生於修業年限內，應修畢「校訂必修」、「專業必修」、「系專業選修」、「跨系選修」共計128學分。 Students are required to complete a total of 128 credits of " Stipulated Compulsory Course", "Professional Compulsory Course", "Department Professional Elective Course", and "Inter-College Elective Courses " within their academic years. </p> <p> 2.系專業能力門檻(依中信科技大學休閒運動管理系畢業門檻實施要點辦理)。 Department Professional Threshold (CTBC University of Science and Technology Regulations of Graduation Threshold of Leisure and Sports Management Department). </p> <p> 3.英文能力門檻(依中信科技大學輔導學生取得英檢證照實施辦法辦理)。 English Proficiency Threshold (Far East University Regulations of Tutoring Students to Get English Proficiency Certificates) </p> <p> 三、校訂課程 Stipulated Courses： 1.校訂課程不須依先後順序修課，不得互抵者，包括「中文閱讀與表達(1)(2)、英文聽力與閱讀(1)(2)、體育(1)(2)(3)」課程。 Stipulated courses are not required to be taken in sequence and the credits shall not be mutually transferred, including 「Chinese Reading and Expression(1)(2), English listening and reading (1)(2), and physical education (1)(2)(3)」 courses. </p> <p> 2.校訂課程不須依先後順序修課，得互抵者，包括「服務教育與大學社會責任(1)(2)」、「博雅與跨域學習(1)(2)(3)(4)(5)」課程。 Stipulated courses are not required to be taken in sequence and those that may be mutually complemented by each other may be only "Service Education and University Social Responsibility (1) (2)" and "Liberal Arts and Interdisciplinary Learning (1)(2)(3)(4)(5)". </p> <p> 3.校訂課程不須依先後順序修課，包括「全民國防教育軍事訓練(1)(2)(3)(4)」課程。 Stipulated courses are not required to be taken in sequence, including National Defense Education (1)(2)(3)(4). </p> <p> 四、專業課程 Professional Courses： 1.「實務專題(1)(2)(3)(4)」課程應依先後順序修課，得互抵。 Project(1)(2)(3)(4) shall be taken in sequence and may complement each other. </p> <p> 2.本表上述所列連貫性開課之系專業選修課程均不須依先後順序修課，運動教練實務(1)(2)、運動專長訓練(1)(2)(3)(4)(5)(6)，但不得互抵。 The above-mentioned continuous professional elective courses may not be taken in sequence and the credits shall not be transferred, including "Sport Major and Practicum(1)(2)", and "Sport Major and Practicum(1)(2)(3)(4)(5)(6)". </p>															